

Essex says goodbye to Command Master Chief Haun

USS Essex Public Affairs

Essex said goodbye to CMDCM(AW/SW) Kevin E. Haun yesterday at a Change of Charge ceremony. Master Chief Haun was relieved by CMDCM(SW/AW) Craig R. Morey to become the Command Master Chief (CMC) of the fleet's only permanently forward-deployed Amphibious Assault Ship.

Master Chief Haun reported aboard as the Essex CMC on January 23, 2001. During the ceremony, Master Chief Haun thanked everyone in the crew for all the support during his tour. Essex Commanding Officer, Captain van Tol, thanked Master Chief Haun for his hard work "through the good and bad times on the ship." Following his remarks, Captain van Tol awarded Master Chief Haun the Meritorious Service Medal.

Following the award presentation, Master Chief Haun presented Master Chief Morey with the Essex CMC badge, and Master Chief Morey gave a post-command badge to Master Chief Haun. The new CMC then thanked Master Chief Haun for an "outstanding turnover," and he wished him the best of luck at his next command.

Master Chief Morey started his Navy career in Yokosuka, Japan aboard USS Knox (FF 1052) as a Hull Maintenance Technician. Following that tour, he crossed the pier to be a Damage Control Division Work Center Supervisor on USS Midway (CV 41). He then took orders to Survival, Evasion, Resistance, and Escape (SERE) school as an instructor in San Diego. From SERE, he completed a tour on the USS Kinkaid (DD 965). After the Kinkaid, Master Chief Morey was assigned again at the SERE school as the Field and Training Chief. Upon his promotion to Master Chief, he transferred to USS Kittyhawk (CV 63). On the Kittyhawk, he screened for the



Command Master Chief (AW/SW), Command Master Chief (SW/AW) and Culinary Specialist Seaman cut the cake after CMC took over as Essex CMC. Outgoing CMC spent over two years aboard the USS Essex (LHD 2) as CMC. (Official U.S. Navy photo by PHAN Jhoan Montolio)

Command Master Chief program and was accepted.

Following graduation from the Senior Enlisted Academy, he reported to USS Vandegrift (FFG 48) as the CMC in March 1999.

In June, 2002, he transferred to the Helicopter Anti-Submarine Squadron Light FOUR THREE, Naval Air Station North Island, CA. He has a Bachelor of Science Degree and is a Master Training Specialist. Master Chief Haun is transferring to the

Command Master Chief position at Fleet Activities Okinawa (CFAO) based out of Kadena.

Hispanic Heritage Month observation set for Sept. 15 - Oct. 15 aboard CFAS

JO1(SW) Ron Inman
CFAS Public Affairs

Fleet Activities Sasebo's (CFAS's) Hispanic Heritage Month Committee is preparing for a series of events which will mark Hispanic Heritage Month, Sept. 15 - Oct. 15.

According to committee chairman, Aviation Ordnanceman First Class (AW) Robert Sepulveda, the observation is a great opportunity to learn about the important contributions of Hispanic culture to the American way of life.

"We're going to hold a wide variety of events throughout the month to raise the level of awareness of Hispanic history," said Sepulveda. "We want to let people know of the history that's there - many Americans, including those of Hispanic descent, don't

know their own history. Knowing who you are, and the history behind it, makes you a better person."

Sepulveda emphasized that the purpose of the month's events is to educate everyone in the CFAS community about unique aspects of Hispanic culture from many countries - including Mexico, Spain, Cuba, Puerto Rico, the Dominican Republic and other South American countries.

Planned events will begin with several fundraisers so the committee can conduct events later in the month, including Bowling Night, Latin Night (featuring a dance contest) and Karaoke Night, and raffle off prizes to participants. Information will also be published in Soundings and on Command Access Channel 12

The first event, a breakfast burrito sale, will be held in front of the Fleet Exchange

Sept. 16 from 6 a.m. until 8 a.m. Burritos will sell for \$2.

Sept. 17, the committee will conduct a cookout and flea market in front of the Fleet Exchange, from 10:30 a.m. until 1 p.m. The featured dish at the cookout will be a combination plate, including carne asada, tortillas, rice and pico del gallo for \$5.

Sept. 19, the committee will be at Hario for a car wash, to be held near the commissary parking lot from 11 a.m. until 1 p.m.

Oct. 17, the final event of Hispanic Heritage Month will be a Sunday brunch at the Harbor View Club, featuring presentations by committee members on various aspects of Hispanic culture in America.

For more information, or to volunteer to become a part of the Hispanic Heritage Month Committee, contact AO1(AW) Sepulveda at 252-5523.

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SASEBO WEATHER

Saturday	Sunday
Scattered Rainshowers	Isolated Rainshowers
High: 82° F	High: 81° F
Low: 74° F	Low: 74° F

DAYS SINCE LAST DUI/DWI

(as of September 11)

45

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USS FORT MCHENRY (LSD 43)
USS JUNEAU (LPD 10)
USS GUARDIAN (MCM 5)
USS PATRIOT (MCM 7)
USS SAFEGUARD (ARS 50)

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Deadline for regular submission is Tuesday at 5 p.m. For more information, call 252-3409 or 252-3485. Address all correspondence to:

Sasebo Soundings
PSC 476 Box 93
FPO AP 96322-1100

U.S. Forces in Okinawa co-host Ulchi Focus Lens

JO3 James Kimber
Task Force 76 Public Affairs

WHITE BEACH NAVAL FACILITY, Okinawa, Japan – Ulchi Focus Lens (UFL), the world's largest computerized command and control training exercise, was held Aug. 23 – Sept. 03 in South Korea, U.S., other Pacific locations and Okinawa.

UFL is designed to evaluate and improve combined and joint coordination, procedures, plans and systems for the conduct of both U.S. and Republic of Korea (ROK) forces' contingency operations, and serves as the foundation for diplomatic efforts to achieve peace and stability on the Korean peninsula through dialogue.

"UFL has multiple strengths which emphasize flexible deterrent options, ROK mobilization, U.S. deployment and reinforcement, and synchronization of deep, close, and rear -battles across the spectrum," said Maj. Gen. Thomas L. Moore, 2nd Marine Air Wing based in Cherry Point, N.C. "I'm continually impressed with the top-notch, dedicated professionals that are involved with this endeavor."

The exercise involves ROK and U.S. forces stationed in Korea and a small number of U.S. forces deploying to Korea from Japan, Guam and the U.S. However, part of this year's exercise was also held in the U.S., other Pacific locations and Okinawa.

"This exercise provided an excellent opportunity for our Marines and Sailors to focus on strategic, and operational issues associated with general military operations on the Korean peninsula," said Moore. "Any time that we can exercise our capabilities in a new arena is a welcome and valuable experience."

Specifically addressing UFL, Moore said the U.S. and ROK's long standing strong relationship is based on a shared desire to defend the Korean peninsula from aggression.

"In order to remain ready and keep our skills sharp we continually need to work together, share each other's culture and be familiar with each others tactics and systems," said

Moore. "We've continued to cultivate those aspects these past two weeks and all the players can be proud of a job well-done." Moore said this year's UFL has made great strides overcoming the challenges in system operations and communication barriers. These achievements demonstrated and proved the U.S. Navy/Marine Corps team's flexibility and determination no matter what obstacle they face.

participates in.

"This year, the II MEF was able to pick up the ball for I MEF, the normal force provider during UFL, but are currently engaged in 'Operation Iraqi Freedom,'" said Maj. Neil F. Murphy Jr., public affairs officer. "Our assignment was to team up with Task Force 76 and ROK counterparts and exercise our command and control systems to maintain our capabilities as America's Force in



Marines from Task Force 79 plan Marine and Republic of Korea military ground movements during Ulchi Focus Lens, the world's largest computer simulated command and control training exercise, Aug. 31. (Official U.S. Navy photo by JO3 James Kimber)

"I've been extremely pleased at the whole team's ability to come on line, simulate operating aboard ship, start working issues and provide collaborative planning and execution required to support the mission," said Moore. "As a commander, it's amazing to watch the professional men and women that make up the Navy/ Marine Corps team, day in and out, meet tasks head on with such professionalism and devotion."

For the II Marine Expeditionary Force (II MEF), the Naval Component Command (NCC) Marine Force provider for UFL 2004, this exercise is not one II MEF usually

Readiness."

White Beach Naval Facility, Okinawa is the flag headquarters of the command and control staff, Task Force 76, for the Essex Amphibious Ready Group, the U.S. Navy's only forward-deployed amphibious ready group. Ulchi Focus Lens is named after Ulchi Mundok, commander in chief of the army of Koguryo, one of Korea's ancient kingdoms. Ulchi Mundok is most famous for outsmarting and defeating more than one million attacking Su soldiers (from present-day northeast China) with 300,000 men during the Ambush at the Salsu River in 612.

Okinawa Ice-Breaker held by UFL forces

JO3 James Kimber
Task Force 76 Public Affairs

WHITE BEACH NAVAL FACILITY, Okinawa, Japan – Republic of Korea (ROK) and U.S. service members participating in Ulchi Focus Lens (UFL) 2004 took time out of their demanding schedule to hold an "ice-breaker" social Aug. 27 in Okinawa, Japan. The two forces held a barbecue/picnic at the small but proud White Beach Naval Facility, who is co-hosting UFL 2004, marking the first time Okinawa has held the exercise.

The barbecue allowed UFL participants to enjoy time together outside the confines of the exercise, building camaraderie and esprit de corps.

"My subordinates and I truly appreciate everything Rear Admiral [Gary R. Jones, commander, Amphibious Task Force 76] and the Blue/Green team have done for us here in Okinawa," said ROK navy Cmdr. Seok-Weon Cho, UFL Amphibious Task Force deputy commander. "They have welcomed

us and treated us as if we were a part of their command."

UFL is the joint and combined training exercise involving ROK and U.S. forces designed to evaluate and improve combined and joint coordination, procedures, plans and systems for the conduct of both nations' forces' contingency operations, and serves as the foundation for diplomatic efforts to achieve peace and stability on the Korean peninsula through dialogue.

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A toll-free number set up by DoD for people who want to contact or provide information to the Department of Defense Task Force on Care for Victims of Sexual Assault.

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Sasebo, Japan

Republic of Korea Navy officers provide insight in NLO exchange

JO3 James Kimber
Task Force 76 Public Affairs

WHITE BEACH NAVAL FACILITY, Okinawa, Japan – Task Force 76 (CTF 76) hosted five Republic of Korea (ROK) navy liaison officers (NLO) during the world’s largest computerized command and control training exercise, Ulchi Focus Lens.

The liaison officers were in White Beach to coordinate and participate in the joint and combined training exercise, UFL 2004. UFL is designed to evaluate and improve combined and joint coordination, procedures, plans and systems for the conduct of both U.S. and Republic of Korea (ROK) forces’ contingency operations, and serves as the foundation for diplomatic efforts to achieve peace and stability on the Korean peninsula through dialogue.

According to U.S. Army Capt Miguel Aponte, primary escort to the ROK NLOs, exchanging officers is important to provide a different perspective on how operations

are conducted from one nation’s force to another.

“Exchanging liaison officers is key to the development of interoperability between two forces, in this case, ROK and U.S. forces, for current and future operations,” said Aponte. “UFL and other similar exercises maintain the professional bond between these two forces.”

ROK Navy Lt. j.g. Jin-Woo Yang, a liaison officer with CTF 76, said his experience working with the U.S. Navy’s only forward-deployed amphibious task force was very educational, especially since it is his first opportunity working with U.S. forces as a liaison officer.

“UFL 2004 has been a great opportunity for me to participate and coordinate this large scale exercise,” said Yang. “I am very impressed with the exercise, this has been a great learning experience for myself and fellow ROK officers.”

“I feel that exercises like this increase our ability to operate with U.S. forces more

effectively, increasing our interoperability for future contingencies,” Yang continued.

According to ROK Navy Cmdr. Seok-Weon Cho, deputy commander, Amphibious Task

participants, U.S. and ROK. ” said Cho. “This exercise has been meaningful to all concerned and provides the way for future operations between ROK and U.S. Forces.”



Marine Corps Maj. Gen. , commanding general, Task Force 79 (left), and U.S. Navy Rear Adm , commander, Task Force 76 (right), brief U.S. Forces Korea, on the current events of Ulchi Focus Lens (UFL) during a video teleconference (VTC) Aug. 31. (Official U.S. Navy photo by JO3 James Kimber)

Free mail system



USS Essex (LHD 2) crewmembers, like these embarked Marines, are enjoying the Free Mail Program. (Official U.S. Navy photo by JOSN Corey Truax)

Box of envelopes \$1.00, pad of paper 80 cents, pen 25 cents, letters to your family...priceless.

This is now true in more ways than one. All letters, postcards, sound recordings, VHS and DVD recordings weighing 11 ounces or less can be mailed to your family free using the new Free Mail system.

Essex became eligible for the Free Mail program when the ship entered the U. S. Central Command’s area of responsibility. The sending of mail free of charge is allowed when entering into a combat zone.

According to the LCPO of the ship’s Post Office, PCC(Sel) Michael Beando, the Military Postal Service created the system so that Sailors and Marines deployed to a combat zone can keep in contact with their families. “It’s another incentive for people who don’t want to buy stamps but still want to write to their families and keep in touch.” added Beando.

The process for using the Free Mail Program is very simple. Address your mail normally with a complete delivery address and return address. Instead of sticking a stamp on the envelope, write clearly the word “FREE” where the stamp would have been.

“It’s very important to have a complete and full return address,” said PC2 Nathanael W. Dillard (SW/AW), the LPO of the ship’s Post Office. “We need the full return address so we can see who qualifies for free mail,” stated Dillard.

“The mail sent using the Free Mail Program will travel at the same speed as mail with stamps, which is First Class, so there’s no reason not to use it,” concluded Beando. Once Essex leaves the combat area, the free mail opportunity will go away as well. The ship’s Post Office will alert the crew a week before the Free Mail Program ends.

- USS Essex (LHD 2) Public Affairs

Force and ROK liaison officer, the liaison exchanges of the past have helped the ROK and U.S. build a strong alliance and interoperability.

“The liaison officers provide a critical support to the overall exercise, ensuring the effective coordination of the exercise for all

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AFN's new programming underway

Samantha L. Quigley
American Force Press Service

In the planning for a couple of years, American Forces Network (AFN) is set to launch more than 400 hours of programming at 7 a.m. local time Sept. 3 in Europe and the Pacific, said Mel Russell, director of the American Forces Radio and Television Service.

Two channels will be added to the existing lineup, and one will be tweaked. But have no fear of having to surf to find your favorites, Russell said.

The existing channel numbers will stay the same, while two will be added. The the audience wanted most," Russell said. "A full-time movie channel and a full-time channel that was family-friendly, if you will, that you could turn to anytime and you were comfortable with your family watching it."

AFN Family will pull programming from multiple sources, such as Nickelodeon and other sources that have family-friendly programming.

The lineup will target the pre-school set in the morning and early afternoon, teens in late afternoon and switch to offerings for the entire family in the evening. AFN promises a wide variety of feature films and specials with fewer interruptions. Also, there will be programs that give viewers insight into the entertainment industry."

The movie channel fills that void for people who just like

wall-to-wall movies," Russell said. "Each night in primetime, we will air two full-run movies. On Saturday, we will premiere a blockbuster movie."

AFN Spectrum is not a new channel, but might seem that way to viewers. Spectrum's old eight-hour format is history and will be replaced by 24-hour programming appropriate for regional time zones, Russell said. New technology and equipment has allowed the split feed to accommodate the continuous programming in both theaters. "We will split the feed so that the European audience and the Pacific audience will have their own time-shifted programming on Family, Movie and Spectrum, so that if you expect to see five nights a week Law & Order at 7 p.m., you will see that in our theaters."

With the additions and the changes, AFN viewers will be receiving more than 1,100 hours of programming per week. The additions and changes account for more than 400 of those hours, Russell said, adding that viewers will now have seven unique programming products to choose from: AFN Family, Movie, Spectrum, Prime, Sports, News and the Pentagon Channel. The Defense Media Center is located on March Air Reserve Base near Riverside, Calif.

AFN is available in 177 countries where U.S. forces are stationed, including Iraq and Afghanistan.

Safety Tip: Protect yourself while skating

Charles Carr
CFAS Safety Department

OPNAVINST 5100.25A requires Snell or ANSI approved bicycle helmets for users of bicycles and in-line skates. Some activities have also been enforcing helmet use for skate boarders as well.

Lately, there has been an increase in the use of "kick scooters". These scooters have been clocked at speeds over 39 miles per hour. Many of these use the same wheels as in-line skates.

Regardless of whether they may or may not be less stable than in-line skates and skate boards (or slower, or more controllable), they are a wheeled-vehicle with the potential for mishap and thus head injury as with any other wheeled-vehicle.

Therefore, Snell or ANSI approved helmets are required for these kick scooters in the same way as 5100.25A states for bicycles and in-line skates.

Other recommend protective equipment, including knee pads and elbow pads, should also be worn while operating these scooters.

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The Center
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A First Class achievement...



Newly frocked Petty Officer First Class (SW) receives congratulations from Commander, Fleet Activities Sasebo during his frocking ceremony Tuesday, Sept. 7 at the port operations building conference room. (photo by Charles Howard)

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Suggestions on effectiveness make a difference

By Chief Journalist Walter T. Ham IV
Chief of Naval Operations Public Affairs

Sailors can make a difference and create a more effective and efficient Navy by finding more practical ways to accomplish their missions, and report them through the Beneficial Suggestions (BeneSugs) and Military Cash Awards Programs (MilCap).

During a recent Echelon II visit by Chief of Naval Operations (CNO) Adm. Vern Clark, Commander, Navy Region Northeast leaders pointed to a couple examples of how Sailors found significant efficiencies in their region through the BeneSugs and MilCap programs.

"We have extraordinary people with great skills in our Navy," Clark said in an interview later that day. "What this all means to me is we can have the greatest technology in the world - which we do - but none of it matters without the genius of our people."

As subject matter experts in their respective fields, Sailors have the unique experience and insight into the processes that keep the Navy in motion. By taking their ideas on how to improve operations, enhance safety or save resources

and putting them on the OPNAV 5305/1 form, Sailors can make money while saving the Navy money. In return, Sailors not only benefit from a better Navy but can also earn up to \$25,000 in awards, depending on the safety or financial impact of the suggestion.

"Our goal is to enhance our mission accomplishment and deliver a combat-credible Navy now and in the future," Clark said in his 2004 Guidance. "It demands enterprise-wide approaches and innovation to achieve greater effectiveness and efficiency in afloat and ashore operations, readiness and infrastructure."

As a part of Sea Enterprise, an enabling initiative of Sea Power 21, the CNO has called for a culture that rewards greater effectiveness and removes institutional hurdles that block innovation.

Giving the Sailor and the taxpayer the best possible return on their investment in the Navy is the CNO's goal, and the BeneSug and MilCap programs are another way Sailors can help achieve it.

More information on the Beneficial Suggestions and Military Cash Awards Programs can be found in OPNAV Instruction 1650.8C.

SECNAV Urges Navy/Marine Corps Team to vote

Lt. Cmdr. Jamie Morrison
Secretary of the Navy Public Affairs

Secretary of the Navy (SECNAV) Gordon R. England urges every man and woman in the Navy and Marine Corps, civilian personnel and their families to register, get an absentee ballot and cast a vote this election year. "You wear the cloth of the nation, and defend democracy and the right of all Americans to vote," he said. "I encourage all of you to register and vote."

According to a post-election survey conducted by the Federal Voting Assistance Program (FVAP) on the 2000 general election, 68 percent of all naval personnel voted and 62 percent of all Marines voted. These percentages are below the Department of Defense average of 74 percent for that election.

SECNAV is challenging all hands to exceed the 2000 percentages, and show that the Navy and Marine Corps Team strongly believes in the democratic election process. The right to vote is a freedom granted to every civilian, Sailor and Marine and should be exercised Nov. 2, he said.

According to Polli Brunelli, the FVAP director, the importance of the 2004 election cannot be overstated.

"The offices of President and Vice President, 34 senators, the entire House of Representatives, 13 governors, and hundreds of local officials will be elected this year," she said. "The Department of Defense is dedicated to the rights of its members to remain a part of the electorate wherever the defense of our nation requires them to be, and we encourage everyone to participate in the elections"

For those overseas, it is relatively easy to obtain an absentee ballot.

"You can obtain a Federal Post Card Application (FPCA) for absentee ballots from your unit voting assistance officer, who will assist you with the procedures for registering to vote in your state," said Brunelli. "You can also obtain the online FPCA form from the FVAP Web site at <www.fvap.gov>."

The most important aspect of voting is getting the registration completed early enough to eliminate any potential issues.

"Do it now to eliminate potential problems later," said England. "In our country, we have the right to vote as a result of the sacrifices of U.S. service men and women like you. You've earned this right, and your vote counts."



Guardian's guardians...

A young guest, left, and DCFN ensured USS Guardian (MCM 5) was damage-control ready during the ship's recent Family/Guest Cruise Saturday, Sept. 4. During the day-long cruise, the ship passed near the 99 Islands and the crew demonstrated what they do on a normal day underway for family and friends, including damage control training, mine sweeping techniques and the use of a mine neutralization vehicle. (Official U.S. Navy photo by Lt. j.g. Jonathan Kehoe)

Profile: LN1



CFAS Staff Judge Advocate office LPO
North Augusta, S.C.

How long have you been in Japan?

One year and three months

What is your favorite thing about Sasebo?

I love the food and the culture. I also like that it's smaller than Yokusuka

Are you married or single?

Married to the most loving and caring person I have ever met, LN1 Retired

Do you have any children?

I have 4 children.

What hobbies do you have?

I love to play raquetball, golf and playing PS2 with my son Nick.

Who do you consider to be your role models?

My wife and my parents.

What are your personal goals?

My first goal is to retire in March 2005. After that, move to Michigan, get another job, buy a house and spend as much quality time with my family as possible including my children that live in Illinois.

What motivates you?

The feeling of accomplishment once a job is finished.

What is the one thing you can't stand?

I can't stand being lied to.

What do people not know about you?

I love doing housework and keeping a clean house.

What is your most embarrassing moment?

When I was around 10, I was at a church gathering with my parents. I was tired and went out to the car to lay down and got into the wrong car and fell asleep. The whole church was looking for me and called the police. I wasn't found until the person's car I was in got in her car to go home (3 hours later).

If you could have dinner with three people, living or dead, who would they be?

Jesus Christ, President John F. Kennedy and Johnny Mckie (my cousin who passed away in 1983).



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Personnel Office
Clerk-Typist, NF-01, \$7.00 per hour. Until filled.

FLEXIBLE POSITIONS:

Child Development Center (HV/MB), SSN Required
Education Aid (CDC), GSE-02, \$8.42 per hour,
GSE-03, \$9.18 per hour, GSE-04, \$10.31 per hour.

Youth/Teen Center, SSN Required
Recreation Aid, NF-01, \$8.42 per hour
(Teen/Pre-Teen Programs and
School Age Care Programs)
Recreation Aid (Summer), NF-01, \$6.50 per hour
(Not to exceed 6 months)

Bowling Center
Service Counter Attendant (Food), NF-01, \$7.50 per hour

Theater
Motion Picture Projectionist, NF-01, \$9.12 per hour, (HV)
Snack Bar Clerk, NF-01, \$6.00 per hour, (HV)
Ticket Seller, NF-01, \$6.00 per hour, (MB)

Sailing Center
Recreation Asst (Sailing), NF-02, \$8.39 per hour
Recreation Asst (Paintball), NF-02, \$8.39 per hour

Fitness Center
Recreation Assistant (Physical Fitness),
NF-02, \$8.39 per hour (MB only)

Galaxies
Bar Assistant, NA-02, \$7.91 per hour
Cashier, NF-01, \$7.50 per hour
Club Operations Assistant (Duty Manager),
NF-02, \$8.39 per hour
Service Counter Attendant (Food), NF-01, \$7.50 per hour

Harbor View Club
Cook (Duty Location: CDC Main Base),
NA-04, \$9.58 per hour.
Club Operations Assistant (Duty Manager),
NF-02, \$8.39 per hour
Service Counter Attendant (Food), NF-01, \$7.50 per hour

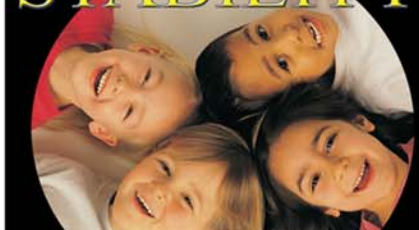
Job listings were current at time of publication.
For more information, call MWR Personnel at 252-2904.



FUTURE



STABILITY



ADVANCEMENT

Interested family members of active duty military and O&D civilian personnel who are seeking employment opportunities with the MWR are encouraged to submit a MWR employment application (SF-171) to the MWR Personnel Office, 252-2904 or visit the MWR Personnel Office located on the 2nd floor of Building 41, in front of the Bowling Center. All selected applicants are required to report to the MWR and attend program Management training. The Department of the Navy is an equal opportunity employer. All qualified candidates will receive consideration without regard to race, color, religion, sex, national origin, age, disability, marital status, political affiliation, sexual orientation or any other non-work factor.

UPCOMING TOURS

SEPTEMBER TOURS

- Saturday, September 18 - Karatsu City Day Tour
Adults \$16, 4-14 years \$12, 3 & under \$6
- Saturday, September 18 - Tenjin Underground Shopping Trip
All seats \$12
- Sunday, September 19 - Nagasaki City Day Tour
Adults \$20, 6-17 years \$14, 5 & under \$8
- Sunday, September 19
Pro Baseball Day Game at The Fukuoka Dome
Fukuoka Daiei Hawks vs. Seibu Lions
All seats \$30
- Saturday, September 25 - Kumagawa Boat Ride & Kyusendo Caves
Adults \$40, 6-15 years \$25, 5 & under \$15
- Saturday, September 25 - Merihama Village
Adults \$12, 3-15 years \$10, 2 & under \$5
- Sunday, September 26 - Mitsui Greenland Amusement Park
Adults \$30 (over 120 cm), 3-15 years \$22 (120 cm & under),
2 & under \$14
- Sunday, September 26
Papio Ice Skating & Hawks Town Mall Shopping Trip
Adults \$24, 13-16 years \$20, 12 & under \$15



September 10-17 FEATURED PREMIERE



**Rated R
HAROLD AND KUMAR
GO TO WHITE CASTLE**
Starring: John Cho, Kal Penn, Neil Patrick Harris, Ethan Embry and Steve Braun

COMEDY
Rated R for strong language, sexual content, drug use and some crude humor.

Harold and Kumar set out on a Friday night quest to satisfy their craving for White Castle hamburgers and end up on a mind altering road trip of epic proportions.

Showboat Theater will be closed September 10-24 due to renovations.

HARIO VILLAGE THEATER

252-8753

FRIDAY, SEPTEMBER 10	SATURDAY, SEPTEMBER 11	SUNDAY, SEPTEMBER 12	MONDAY, SEPTEMBER 13	TUESDAY, SEPTEMBER 14	WEDNESDAY, SEPTEMBER 15	THURSDAY, SEPTEMBER 16	FRIDAY, SEPTEMBER 17
6 p.m. (PG-13) I, Robot	2 p.m. (PG) A Cinderella Story	2 p.m. (PG-13) I, Robot	6:30 p.m. (R) *Harold and Kumar Go To White Castle	6:30 p.m. (PG) *Thunderbirds	6:30 p.m. (PG-13) Little Black Book	6:30 p.m. (R) Collateral	6:30 p.m. (R) Harold & Kumar Go to White Castle
9 p.m. (PG-13) Bourne Supremacy	6:30 p.m. (PG-13) Cat Woman	6:30 p.m. (PG-13) Anchorman				No scooters, skates, skateboards, strollers or backpacks allowed in theaters. No outside food or beverages.	9 p.m. (PG-13) The Village
						* = Premiere	

I, ROBOT (PG-13)

Starring: Will Smith, Bridget Moynahan, James Cromwell, Bruce Greenwood and Alan Tudyk
In the year 2035, robots are an everyday household item and everyone trusts them, except one slightly paranoid detective investigating what he alone believes is a crime perpetrated by a robot. The case leads him to discover a far more frightening threat to the human race.

WHITE CHICKS (PG-13)

Starring: Marlon Wayans, Shawn Wayans, Rochelle Aytes, Jennifer Carpenter and Jessica Cauffiel
After messing up a major drug bust in New York City, two African American FBI agents try to impress their boss by volunteering to protect the Wilton Sisters, the heiresses of a hotel empire, from a kidnapping scheme during a short trip from JFK to the Hamptons. Deciding to change the strategy drastically, the brothers use themselves as bait, wearing lots of pale makeup and dresses to pass as the Wilton sisters, while the real sisters are hidden away, safe from harm. Now, the agents just have to convince the world that they're actually young, rich, white chicks.

THUNDERBIRDS (PG)

Starring: Bill Paxton, Brady Corbet, Ben Kingsley, Anthony Edwards and Sophia Myles
Tracy Island, a lush patch of land situated in the remote waters of the South Pacific, is home to brilliant entrepreneur and former astronaut Jeff Tracy and his five sons. It is also the headquarters of Tracy's top-secret organization, International Rescue. Master criminal (The Hood) has breached island security intending to command International Rescue's fleet of five highly advanced rescue vehicles. Deploying Jeff and his four eldest sons on a mission, The Hood finds his plans obstructed by Jeff's youngest son Alan-who will do anything to save the Tracy family and the Thunderbirds.

A CINDERELLA STORY (PG)

Starring: Hilary Duff, Chad Michael Murray, Jennifer Coolidge, Julie Gonzalo and Regina King
High school senior Sam Montgomery lives at the beck and call of her self-obsessed step-mother Fiona and her sinfully wicked step-sisters. With her sights set on attending Princeton, Sam finds her less-than-sparkling social life wonderfully complicated when she meets her Prince Charming online. But when her anonymous cyber soul mate turns out to be her high school's popular quarterback, Sam makes a mad dash back to reality - leaving her cell phone behind just before the clock strikes midnight. Will Sam let fear hold her back or will she find the courage to be herself and claim the life she's always wanted?

CATWOMAN (PG-13)

Starring: Halle Berry, Benjamin Bratt, Sharon Stone, Lambert Wilson and Frances Conroy
Patience Phillips is a woman who can't seem to stop apologizing for her own existence. She works as a graphic designer for Hedera Beauty, a mammoth cosmetics company on the verge of releasing a revolutionary anti-aging product. When Patience inadvertently happens upon a dark secret her employer is hiding, she finds herself in the middle of a corporate conspiracy. In a mystical twist of fate, she is transformed into a woman with the strength, speed, agility and ultra-keen senses of a cat. Patience becomes Catwoman, a sleek and stealthy creature balancing on the thin line between good and bad. Her adventures are complicated by a burgeoning relationship with Tom Lone, a cop who has fallen for Patience but cannot shake his fascination with the mysterious Catwoman, who appears to be responsible for a string of crime sprees plaguing the city.

LITTLE BLACK BOOK (PG-13)

Starring: Brittany Murphy, Ron Livingston, Kathy Bates, Holly Hunter and Rashida Jones
Patience Phillips is an associate producer for daytime talk show hostess Kippie Kann, is frustrated when her boyfriend Derek refuses to discuss his past relationships. With the encouragement of her co-worker Barb, she sneaks into around to learn about his ex-girlfriends. Using the show as a ruse and Barb as her guide, Stacy interviews and befriends them, only to discover that the past, in a few instances, is rather present.

BOURNE SUPREMACY (PG-13)

Starring: Matt Damon, Franka Potente, Brian Cox, Joan Allen and Julia Stiles
Jason Bourne continues to find himself plagued by splintered nightmares from his former life. The stakes are now even higher for the agent as he coolly maneuvers through the dangerous waters of international espionage - complete with CIA plots, turncoat agents and ever-shifting covert alliances - all the while hoping to find the truth behind his haunted memories and answers to his own fragmented past.

THE VILLAGE (PG-13)

Starring: Judy Greer, Bryce Dallas Howard, William Hurt, Joaquin Phoenix and Adrien Brody
At first glance, this village seems picture perfect, but this close-knit community lives with the frightening knowledge that creatures reside in the surrounding woods. The evil and foreboding force is so unnerving that none dare venture beyond the borders of the village and into the woods. But when curious, headstrong Lucius Hunt plans to step beyond the boundaries of the town and into the unknown, his bold move threatens to forever change the future of the village.

Movie Schedule
subject to
change without
notice.



Showboat Theater Closed for Renovations

The Showboat Theater will be closed from September 10-24 due to a major renovation project that includes the installation of new seats, new flooring and other improvements. Stemen said movies will be scheduled at the Hario Village Theater 7 days a week during the renovation project. Check the latest movie schedule for exact show times.

POW/MIA Horseshoe Tournament

A great way to remember our POWs and MIAs is to get together with friends for some good food and to throw some horseshoes in the park. The Fleet Fitness Center has made all the arrangements for a special POW/MIA Horseshoe Tournament on Friday, September 17 at Nimitz Park. The fun begins at 5:30 p.m. Teams of 2 can compete for some really neat prizes with

awards going to the top two teams. Team entries due to the Fleet Fitness Center Office by Tuesday, September 14. For more information, call 252-3588.

Mongolian Barbecue At Harbor View Club

Every Thursday night at the Harbor View Club you and your family and guests can enjoy dinner for only .65 cents per ounce. Be sure to save room for dessert. You can create your own ice cream sundae or select from the dessert table of pies, cakes and other sweet delights. Mongolian Barbecue is offered every Thursday from 5 to 9 p.m. at the Harbor View Club. For more information, call 252-3965.

Monday Mayhem at the Galaxies

It's Monday Mayhem at Galaxies September 13th with a free dart tournament, a free pool tournament and

free munchies. They'll also be lots of great rock 'n roll and alternative music, video games and more. Monday Mayhem gets underway at 8 p.m., so come on down and join in the festivities. For more information, call 252-2980.

No Tap Special Bowling Tournament

Enjoy four games of 9-Pin No Tap bowling at the Spare Time Recreation Center on Friday, September 17 at 6:30 p.m. The \$15 entry fee includes one game of scratch bowling, one game of 7-pin no tap, one game of 8-pin no tap and one game of 9-pin no tap bowling. You must be 18 years or older to participate. The highest total pin fall determines the winner. The total number of participants determines the prize money. For more information, call 252-3634.

POW/MIA Golf Tournament

You still have time to sign-up for the POW/MIA Golf Tournament at the Tsukumo Golf Course on Saturday, September 18. The singles handicap scoring system will be used, with awards for the top golfer in each handicap flight, plus closest to pins, longest drives and gorillas. Sign up now at the Fleet Fitness Center to reserve a spot. Entry fee is \$5, plus green fees. For more information, call 252-3588.

Stay Healthy, Stay Strong

David Glazier and his staff of pros at the Hario Fitness Center are offering a free Metabolism Booster Clinic on Wednesday, September 22 at 6 p.m. that will show you how to exercise safely and effectively. The clinic will teach you basic strength and cardio training techniques that will help you get in shape and stay that way. For more information, call 252-8960.

Sea Kayaking Class

The pros at the Sailing and Outdoor Adventure Center are offering two Sea Kayaking classes during September so you can enjoy this great sport safely and with confidence. The 6-hour class, from 10 a.m. until 4 p.m., is \$35 per person. Classes are scheduled for Sunday, September 12, and Friday, September 24. For more information, call 252-3500.

Karatsu City Day Tour

Take a tour of Karatsu on Saturday, September 18. Cost for the trip is \$16 for adults, \$12 for children 4 to 14 and \$6 for youngsters 3 & under. Karatsu is an interesting city along the Kyushu coast about 30 miles from Sasebo that features beaches and castles. For more information, call 252-3433.

Living in Japan: Exchanging calling cards

Many of you have been introduced to Japanese, and were promptly offered a calling card, or 'meishi,' by them. The card was proffered to you with two hands and a courteous bow.

Your proper response would be to accept the card with two hands, while bowing back. You should then politely read the card, or if it is in kanji, stare at it for a few seconds, and then place it in your inside jacket pocket or breast pocket of your shirt.

A very important thing to keep in mind is that the meishi is an extension of the person

presenting it to you, and it deserves the same degree of respect the person does. Immediately placing the card into your wallet, then putting your wallet into your back pocket – to be sat upon – is not respectful.

If you have a calling card, it should be presented to a Japanese the same way.

At a meeting you will see the Japanese lay your meishi down on the table in front of them, referring to it as

a way of remembering your name, your title, and your organization. Assuming their meishi has an English translation on it, you may find it convenient to do the same thing.

While those of us Americans who have meishi will tend to use one generic card, usually identifying our official job and capacity, you will find that most Japanese have separate meishi to match the role they are filling in their specific relationship with you. For example, a businessman who is a member of a club or

fraternal organization in their free time will have a different meishi for each group they belong to, and often a basic meishi, with just their name, for fully social occasions.

This is very important to a Japanese, as group belonging is central to their being.

Use of a single meishi indicates that your name on the card is the most important thing, while separate cards for each group you belong to indicates that the group is the important thing and you are but a member of that group.

So much to learn, and your tour clock is ticking away very fast. Where are you in your current tour? Just beginning? Half way through? Is it coming to an end?

Where ever you're at, I hope you're enjoying your stay in Japan!



SUPERVISORY PROGRAMS MANAGER
FLEET & FAMILY SUPPORT CENTER



New Hours

USO Nimitz Park:

Monday through Thursday 10a.m. - 6p.m.
Friday and Saturday 10 a.m. - 9 p.m.
Sunday 10 a.m. - 6 p.m.

Fleet Landing:

Monday through Friday 9 a.m. - 4:30 p.m.
Closed Saturday and Sunday unless there is a volunteer.

Carpet Sale - Harbor View Liberty Room

September 11, 10 a.m. to 6 p.m.
September 12, 10 a.m. to 3 p.m.

The Society for Creative Anachronism meets Fridays at 6:30 p.m.

Betcha didn't know about: India Basin history

Phil Eakins

Base Historian

There's a familiar phrase I'm sure most of you have heard that goes something like "if walls could talk, the stories they could tell". We can only imagine some of the tales India Basin could tell us from its long history of serving two navies. This narrative, though, is about India Basin itself and its place in the history of our navy base.

Construction of Tategami wharf, the original name of India Basin, began in 1905. Two rocks, Jajima (Snake Islet) and Ko Jajima (Baby Snake Islet), created a slightly U-shaped water hazard as they poked out of the harbor.

These rocks became the foundation

for berths one, two and three. The slender Tategami finger peninsula was used to form berths seven and eight, the USS Essex piers.

The rest of the wharf was constructed from reclaimed land.

After pumping water out of the area, workers dredged the harbor bottom to a depth of six fathoms (36 feet).

Rocks and soil excavated from the site were transported to the other side of the naval station to form the Hirase Peninsula, which begins near the Community & Education Center and ends just past the Navy Lodge and Administration Building areas.

At the time of its completion in 1916, Tategami wharf was the largest mooring basin in the Orient and could hold a maximum of nine 10,000-ton ships.

The 250-ton British-built crane was

assembled in May 1913 and is still in use today.

Some folks have heard the basin once featured a large caisson at its entrance.

The Imperial Navy must have removed the caisson shortly after the end of the Pacific War and towed it out to sea or somewhere within the harbor and sank it to prevent its use by the U.S. Navy.

I have only two photos of the basin taken when it was dry, but neither one show the entrance or the caisson.

One of these photos is on display in the base museum.

Worship Services

Community Chapel, Main Base
Roman Catholic
Sun. 9 a.m., Tue.- Fri. 11:30 a.m., Sat. 5:30 p.m.
Protestant
Sun. 11 a.m.
Protestant Sunday Schools
Sun. 9:30 a.m.
Catholic Catechetical Doctrine
Sun. 10:15 a.m.
Ladies Bible Study by Beth Moore
Wed. 9:30 a.m. & 6:30 p.m.- Music room
Christian Men’s Fellowship
Every fourth Sat. of the month, 8 a.m., Fellowship Hall.

Hario Chapel
Protestant (Traditional)
Sun. 9 a.m.
Roman Catholic
Sun. noon
Protestant Sunday School
Sun. 9:45 a.m.
Catholic Catechetical Doctrine
Sun. 11 a.m.
Ladies Midweek Bible Study
Wed., 9 a.m.
Youth Drama Group
Sun. 1:30 p.m.

Lay Congregations

Episcopal Worship Service (Hario)
Sun. 5 pm. FMI <http://culdee.org>
Firebrand Holiness Service (Hario)
Sun. 2 p.m. FMI 252-7323
Church of Christ (CEC)
(non-instrumental), Sun. 10 a.m. at Main Base FMI 252-8122
Jewish Community
Contact Religious Ministries at 252-3380 FMI
Nichiren Daishonin’s Buddhism (SGI-USA)
Sat. 1 p.m. at the Community and Education Center (CEC). FMI 252- 8165
New Life Christian Fellowship (CEC)
Sunday School- 12:15 p.m. MB, Sunday Worship Service- 1 p.m. MB, Adult Bible Study - Fridays, 6 p.m. Hario. Prayer Meeting- Wed., 6 p.m., Hario. FMI 252-7332
Ladies Bible Study (CEC)
Tuesday 6:30 p.m.- Music Room FMI call 252-8632
Family Bible Study (Hario)
Wednesdays 7 p.m. FMI call 252-8632

Off-base Congregations
Greater Harvest Holiness Church of God in Christ
Located in Daikoku-cho. Sun. 11 a.m. FMI 090-1517-7712
Church of Jesus Christ of Latter Day Saints
Missionary- 252-8279
Lighthouse Baptist Church
Sun. 11 a.m. & 6 p.m. Wed. 7 p.m. FMI, 33-9011 or 090-8914-8319.
International Christian Assembly
Assemblies of God; Sun. 10:30 a.m. & 5:30 p.m. FMI, 28-4063.
Iglesia Ni Cristo
252-2363 During working hrs. 252-8453 After working hrs.

AFN-TV Schedule
Sept. 11-Sept. 17

The following schedule is an abbreviated schedule. For a full schedule, please log on to www.myafn.net or check AFN Channel 5.

	News	Spect.	Pac.	Atlan.	Sports
Sat. Sept. 11	8 a.m. ABC World News Tonight 11 a.m.-The News Hour 4 p.m.- Night Line 6 p.m.- CNN Live 8 p.m. - CNN Saturday Morning	9 a.m.- Clean House 2 p.m.- Antiques Road Show 6 p.m.- Frontline 8 p.m.- Crossing Jordan	8 a.m. - Chalk Zone 1p.m.- Intimate Portraits 3 p.m.- Star Trek 9 p.m. - Strong Medicine	7 a.m.- Late Show w/ David Letterman 1 p.m. - Headline News 4 p.m. - Jimmy Neutron 8 p.m - WWE Raw	8 a.m.- Toyota World Cup of Hockey 3 p.m. - SportsCenter 4 p.m.- NASCAR Busch Series
Sun. Sept. 12	9 a.m.- Washington Week in Review 11 a.m.- CNN Saturday Night 4 p.m. - Headline News 9:30 p.m.- College Football	12 p.m. - Suze Orman Show 4 p.m.- J.A.G. 7 p.m.- Hope & Faith 10 p.m.- Friends 11 p.m.- Mad TV	1 p.m.- Toy Story 2 8 p.m.- Hunter 11 p.m.- That 70's Show 11:30 p.m.- Access Hollywood	8 a.m.- Saturday Night Live 1 p.m.- Celebration of Victory 4 p.m.- Toy Story 2 8 p.m. - College Football	9 a.m. - College Football 4 p.m.- U.S. Open Tennis 9:30 p.m.- College Football Series 11:30 p.m.- Sports Center
Mon. Sept. 13	7 a.m.- Tim Russert 9 a.m.- This Week 12 p.m. - CNN Presents 7 p.m.- Next @ CNN 10 p.m. - Headline News	10 a.m.- Designer's Challenge 1 p.m.- Charmed 4 p.m.- ER 7 p.m.- Weddings Gone Wild 10 p.m.- Friends	1 p.m.- Access Hollywood 4p.m.- DragonFly TV 5 p.m.- Jeopardy! 7 p.m.- 60 Minutes 10 p.m - Pacific Report	8 a.m. - Headline News 1 p.m. - Headline News 3:30 p.m.- Wheel of Fortune 8 p.m.- Today	9:30 a.m.- NFL Football 3 p.m.- SportsCenter 4 p.m. - SportsCenter 9 p.m. - NFL Primetime
Tues. Sept. 14	10 a.m.- Hannity & Colmes 12 p.m.- Lou Dobbs Tonight 3 p.m.- BET Nightly News 7 p.m.- The O'Reilly Factor	10 a.m. - Best for Less 1 p.m.- Charmed 7 p.m.- Ed 11:30 p.m.- Blind Date	1 p.m.- Access Hollywood 4 p.m. - Lizzie McGuire 7 p.m.- Monday Night Football 10 p.m. - ESPNNews	10 a.m.- Monday Night Football 1 p.m. - Headline News 4 p.m.- Dr. Phil 8 p.m.- Today Show 11 p.m. - Lizzie McGuire	8:30 a.m.- Major League Soccer 12 p.m.- WNBA 4 p.m.- MLB 8 p.m.- College Football 11 p.m.- IRL Auto Racing
Wed. Sept. 15	8 a.m.- ABC World News Tonight 12 p.m.- BET Nightly News 2 p.m.- News Night w/ Aaron Brown 7 p.m.- The O'Reilly Factor	10 a.m. - Sensible Chic 2 p.m.- SportsCenter 7 p.m. - The Amazing Race 10 p.m.- Friends	9 a.m.- Blue's Clues 1 p.m - Access Hollywood 4 p.m.- Popular Mechanics For Kids 9 p.m.- Las Vegas	9a.m.- MLB 1 p.m. - Headline News 4 p.m.- Dr. Phil 7 p.m. - Headline News 8 p.m.- Today Show	3p.m.- SportsCenter 4 p.m.- MLB 7 p.m.- SportsCenter 8 p.m.- MLB
Thurs. Sept. 16	9 a.m.- Countdown w/ Keith Olbermann 12:30 p.m. - Nightly Business Report 3 p.m.- Paula Zahn Now 6 p.m. - 60 Minutes	9 a.m. - 30 Minute Meals 2 p.m.- Ally McBeal 6 p.m. - The Simpsons 7 p.m.- One Tree Hill	9 a.m.- Play With Me Sesame 4 p.m. - Yu-Gi-Oh! 7 p.m.- Headline News 9 p.m. - C.S.I.	11 a.m.- ESPNNews 1 p.m. - Headline News 4 p.m.- Dr. Phil Show 8 p.m.- Today 11 p.m. - Yu-Gi-Oh!	8 a.m.- MLB 4 p.m.- MotoGP 9:30 p.m.- SportsCenter 11 p.m.- Totally NASCAR
Fri. Sept. 17	2 p.m.- News Night w/ Aaron Brown 5 p.m.- Hardball w/ Chris Matthews 6 p.m.- CNN News 8 p.m.- Good Morning America	8 a.m.- Emeril Live 2 p.m. - Alley McBeal 6 p.m. - The Simpsons 7 p.m.- Charmed 9 p.m. - Crocodile Hunter	1 p.m.- Access Hollywood 4 p.m.- The Fairly OddParents 7p.m.- King of the Hill 9 p.m.- Survivor	1 p.m. - Headline News 3:30 p.m.- Wheel of Fortune 8 p.m.- Today 11 p.m. - Fairly OddParents	8:30 a.m.- College Football 4 p.m.- MLB 7 p.m.- SportsCenter 8 p.m.- AMA Motocross

Non-Profit Organizations

Al-Anon
090-8229-7048, 090-9602-4353

Alcoholics Anonymous
090-9602-4353, 090-8229-7048

CFAS Wardroom Association
252-3452

CPO Association
252-3521

Exceptional Sailor Program
CFAS E-4 and below, 252-3385

Filipino American Association
252-8361, 080-3228-5809

Guardian Angels
Spouse support group. 090-5945-2150

Navy League, Sasebo Council
252-3109

Nippon Lodge Number 9
252-3481
Officers’ Spouses’ Club
252-7345

Sasebo Bluejackets Association
E-1 to E-6 personnel. 252-3481
Sasebo Eagles Little League Club
<c30-dd@cfas.navy.mil>
Sasebo First Class Association
Shore Duty E-6's. 252-2181/3347
Sasebo Homeschool Support Group
252-8195, 0956-58-7875
Sasebo Wrestling Club
252-2801
Thrifty Treasures
252-8940
USS Essex Family Support Group
0956-32-2177
USA Girl Scouts Overseas
0956-49-5273
USO
252-3959

Community
Numbers
Branch Medical

Hours of Operation
Monday & Friday 8:30-11:30; 12:30 - 4 p.m.
Tuesday & Thursday 7:30-11:30; 12:30 - 4 p.m.
Wednesday 8:30-11:30
Appointment Line: 252-2550
Hario Annex Clinic: 252-8770
Online Medication Refill: <www.nhyoko.med.navy.mil>
TRICARE Health Line: 005-3111-4621
TRICARE Enrollment: 252-2572

EMERGENCY NUMBERS
On Base: 9-1-1
Off Base: 0956-23-9911
Patient Comment Line: 252-2536
Or send e-mail to: <SASOIC@nhyoko.med.navy.mil>

Branch Dental

Hours of Operation
Mon.-Thu. 8 - 12 a.m., 1 - 5 p.m.
Fri. (Hario closed) 1 - 5 p.m.
Sick Call 8 - 10 a.m.
Main Base: 252-3886
252-3747
Hario: 252-8977
EMERGENCY NUMBERS
After Hours: 252-2550
252-2551
Cell: 080-5059-6754

CFAS Security

Lost and Found 252-2392
Desk Sergeant 252-3446 or 3447
Security Operations Officer 252-2371
Security Administration 252-2386

Fire Department

Business lines
Information/Dispatcher 252-3408/3518
Dispatcher 252-2144
Fire Chief 252-2147
Prevention Chief 252-2139
Training Chief 252-2149
Fire Prevention Offices
Main Base & Hario 252-2142/2163
Ordnance Area 252-2162
FISC Areas 252-2166

EMERGENCY NUMBERS
On Base: 9-1-1
Off Base: 0956-23-9911

Other numbers

Command Chaplain 252-3380
Fleet & Family Support Center 252-3604
CFAS Quarterdeck 252-3311
Navy Relief Society 252-3366
CFAS Public Affairs (Shore-based commands) 252-3409
CTF-76 Public Affairs (Sea-based commands) 252-2131
USO 252-3959
Navy Lodge 252-3608
AFN 252-3869
1575 Thunder Radio 252-1575
Command Connections 252-2290

Parents, community get involved with schools

Amy Brennan
E. J. King Correspondent
Beth Martin
Sasebo Elementary School

Being involved in your child’s education, both at home and at the school, can have incredibly positive effects on his or her achievement.

Whether you have a lot or just a little time to give, E. J. King High School has myriad ways for parents and the community to get involved.

The Parent Teacher Organization (PTO) is an organization for parents and teachers to come together to discuss issues within the school. The Cobra Athletics Booster Club is a part of the PTO, and works to support the E. J. King athletics program. The PTO on the first Tuesday of each month in the E. J. King library at 1530.

The School Advisory Committee (SAC) is made up of representatives from the school and CFAS community who meet to discuss and solve issues that mutually affect the school and base. Representatives from security, Navy Exchange, medical, E. J. King administration, and others tackle issues in this base-wide communication outlet. Issues, as well as solutions or suggestions, are strongly encouraged, and the meeting is open to the entire CFAS community. SAC meets every second Tuesday of the month in the school’s library at 1600. The next meeting will be held on September 14.

Volunteers are needed throughout the CFAS community, and E. J. King is no exception. If you are interested in volunteering at the school, come to the high school office in

King Hall and fill out a volunteer form. When volunteers are needed, the school will call to see if you are interested and available to help. For more information about any of these opportunities, contact E. J. King High School at 252-3059.

An ever-increasing number of studies show that the students with involved parents are more successful and more involved themselves than students with parents who do not play a significant role in their child’s education.

Even if you do not have the chance to be involved in an organization at the school, make sure that you are staying involved at home by providing the discipline, assistance, and environment necessary to be a successful student.

If you have any public interest questions regarding E.J. King High School that you would like to have addressed in the Sasebo Soundings please contact the E.J. King point of contact, Amy Brennan, at 252-3059.

Students, Parents and Teachers at Sasebo Elementary School celebrated the beginning of school with their Open House and Ice Cream Social Thursday, September 2 . The open house allowed parents and teachers to meet each other and gave parents the opportunity to visit their children’s classrooms.

The Ice Cream Social, held in the school gym, gave students the chance to say hello to last year’s teachers as well as visit with their friends. The Ice Cream Social was sponsored by the Sasebo Elementary PTO and was part of a membership drive for the new school year as well as a way to recruit volunteers. The PTO has several projects already planned for this academic year and is always looking for volunteers.

Volunteers are needed to help with the upcoming book fair, ongoing tee shirt sales, the school yearbook and the boxtop drive. Other projects in need of volunteers are the



A community member signs up to serve as a volunteer for the Parent Teacher Organization. (Photo by Beth Martin).

School Picture Day and Teacher Appreciation Day. Last year’s spring carnival was such a success that another carnival is planned for the spring of 05 and volunteers are needed to make it a success.

A new project, the Sasebo Elementary School Cookbook also needs volunteers. If you are interested in helping with any of these projects please call the school at 252-3600.

Safety tip: Driving your child to school safely

Charles Carr
CFAS Safety Department

Every year more than 1,800 children age 14 and under die while riding in motor vehicles, and over 300,000 are injured. Seventy-five percent of motor vehicle crashes occur within 25 miles of home.

In addition, 60 percent of crashes occur on roads with

posted speed limits of 40 mph or less.

To keep children safe, the CFAS Safety Department offers these safety tips for driving to school or participating in car pools: Always use child safety seats and/or safety belts correctly every time you ride.

Remain belted until exiting the vehicle. Children who have outgrown a convertible seat (approximately 40-80 pounds, usually ages 4 to 8) should use a booster seat. Never carry more passengers than there are safety belts in the vehicle.

Don’t store loose or heavy objects in the passenger area of the car that could injure someone if you stop suddenly.

The driver should allow extra time in the schedule to avoid the pressure of driving too fast when late.

Drop off your children as close to school as possible so that they do not have to cross the street, and make sure they enter and leave the car on the curbside.

Arrange to pick up your child at a safe spot away from the congestion of cars

Children and Air Bags

The back seat is the safest place for children of any age to

ride.

Never place an infant (less than 1 year old) in a rearward-facing child safety seat in the front passenger seat of a vehicle with a front passenger air bag. The back of a rear-facing infant or convertible seat rests too close to the air bag cover. Because the air bag opens with a great deal of force, serious injuries or death could occur if the child seat is too close.

If it is absolutely necessary for a child age 12 or under to ride in the front seat of a car with a front passenger side air bag: Secure the child in a restraint system that is correct for the size of the child: a front facing child safety seat, a booster seat or a lap/shoulder belt. Move the front seat as far back from the dashboard as possible.

Following these important safety guidelines and reviewing them each year with your children can help keep the back-to-school season safe.

Parents and caregivers can be the best teachers when it comes to childhood injury prevention.

Volunteer of the month



Gunner’s Mate First Class (SW) was recently awarded Fleet Activities Sasebo (CFAS) volunteer of the month for July. For more than two years he has provided a valuable service to the community by conducting motorcycle safety training. A course that is mandatory for anyone who desires to operate a motorcycle on a Navy base, improving the program to be one of the best in the Navy. Congratulations on your selection on behalf of the CFAS community and keep up the hard work.

No
referral
required

INFANT & TODDLER
DEVELOPMENTAL
SCREENING

Developmental information and screenings
available for children
birth to 35 months



Available during playgroup on the second
and fourth Wednesdays of the month from
9:30 - 11 a.m. For an appointment, call
EDIS Early Intervention at 252-3888,
Off Base (0956) 24-6111 EXT 3888.

Base, community announcements

Religious Ministires

The Jewish High Holiday of Rosh Hashanah begins on the evening of Wednesday, September 15 and ends on Friday September 17. This year the Jewish community of Sasebo is planning to observe the holiday in Seoul, Korea. If you are observant, you can get no cost TAD orders to go to Seoul. Room and meals will be free to active duty members and their family; however, you will have to pay for the flight to Seoul. If you are interested, please contact LT Polansky at 252-3747 or the Chaplain's Office no later than Thursday, August 26.

Sasebo Homeschool Support Group

Families that are homeschooling their children can sign up now for group Physical Education classes and Host Nation Classes at Hario for the new school year. Join the Homeschool support group for picnics, field trips, friendship and support. For more information call Mary 252-8195 or Kathleen at 0956 58 7875.

Base Communications Office

New dialing procedure for all customers will be implemented effective September 1, 2004. To place an international call, dial 99 + country code + area code + phone number. For domestic calls to off-base numbers, dial 99 + Japan area code + phone number. To place a call to a cellular phone, dial 99-090. This will be a uniform (99) dialing procedure for all official and unofficial customers effective September 1, 2004. Due to this change, residential and organizational customers will now have one monthly bill for local and long distance calls. BCO monthly telephone bill will include international call charges starting with the bill for October 2004. Due to this change only two classes of services will be available: (1) With commercial access (both local and international) or (2) on-base only. Customers are also reminded of the Direct Inward Dialing system, which was activated on June 15, affecting dialing from off-base, out of Japan, a cellular phone or a Japanese pay phone to any on base number. The old procedures will remain operational until December 31, 2004. Customers are encouraged to use the new procedure as follows: From off base and within the Sasebo area, using the last four digits of the number, dial 50. From off base and out of the Sasebo area, dial 0956-50. From the U.S., using the last four digits of the number, dial 011-81-956-50. For more information about these services, please call 252-3200.

Voting

If you are already a registered voter and would like to vote in the Primaries for your

state you will need to send out your absentee ballot two weeks in advance of the election day. If you have registered but have not yet recieved your absentee ballot see the Staff Judge Advocates Office for assistance. For those who would like to register but have not yet done so please see the SJA's office.

The State Primaries for September are Arizona and Nevada September 7, Delaware September 11, Washington D.C., Massachusetts, Minnesota, New Hampshire, New York, Rhode Island, Vermont, Washington and Wisconsin September 14, Hawaii and Louisiana September 18. For more information contact the SJA's office at 252-3385.

Harpers-Ferry Family Support Group

The USS Harpers Ferry Spouse Support Group meets the third Friday of each month at the Harbor Cafe at 5 p.m. If you are a Harpers Ferry spouse, please join us. Kids are welcome. Have some coffee and find out what's going on.

Fort McHenry Family Support Group

The new USS Fort McHenry Careline is up and running. The line can be accessed by calling 252-8022. Contact Ombudsman Linda Mellen or Melanie Tompkins or Family Support Group President Pauline Woods-Fiscus for more information.

Juneau Support Group

The USS Juneau Family Support Group meets the second Thursday of every month starting in June, at the coffee shop in Harbor View Club from 6 - 7 p.m. If you are a Juneau spouse, please join us to meet and greet one another. Kids are welcome.

Essex Family Support Group

The USS Essex Family Support Group meets the third Tuesday of each month at the Community and Education Center in the Fellowship Hall at 6 p.m. Children are encouraged. Please bring a potluck dish to share. For more information call 0956-32-2177.

Patriot Family Support Group

USS Patriot Family Support Group is holding a series of fundraisers for the kids Christmas fund. On Thursday, Oct. 16 there will be a bake sale at the Fleet Exchange from 10 a.m. - 3 p.m. On Friday, October 17, there will be a garage sale on Seal beach ct. in Hario. For information, call Yvette at 252-3038 or 0901725301. And on Wednesday, October 22

a bake sale will be held at the Hario homestore at 2 p.m.

CFAS Ombudsman

CFAS would like to welcome aboard the new command ombudsman, Wendy Mckenzie. Family members that would like to be contacted can call Wendy with their information or contact the Ombudsman coordinator at the Fleet and Family Support Center. Wendy can be reached by phone at 252-3120 or 09084177906, or by e-mail at c100A@cfas.navy.mil.

NEX Notes

Autoport construction continues

Autoport services will be temporarily located at the back area of new Mini-Mart during Phase two construction. Also automotive accessories and car care products are available there. Please note the hours of operation. Car Rental will be open Monday 7 a.m. until 5 p.m., Tuesday -Friday 9 a.m. until 5 p.m., Sat & Sun 7 a.m. to 1 p.m. No pick-up after hours. Garage will be open Mon-Fri 9 a.m. -5 p.m., closed on Sat & Sun. Gas Station will be open 7 a.m. - 11 a.m. daily. Please pay at Gas Island that is temporarily located beside Gas pumps. Food and consumable products are temporarily unavailable at Autoport Mini-Mart. Your understanding is appreciated.

Antique/Sepia photography

Portraits International Professional Photographers will be in Sasebo. Registration will be accepted on Sept 24-Oct 01 2004 at Fleet Exchange 1st floor. For more information, please call 252-3506 Personalized Services.

September Promotions

The Retail Department has lots of plans for September. Included are: Chosun (Korean Reproductions), LUKS (Rosewood Furniture) Chatou Sitong (Large Ceramic Vases), Oriental Dolls, Antique Look Wall Hangings Lapis Globes and Mink Blankets. We are also working with our local vendors to bring you Kyushu specials in September and October. Watch this space for announcements as when these items will arrive.

Consignment Jewelry

Raymond Ko Jewelry are offering 30 percent off at Main Store now through September 17.

Storage hours change

Effective September 1, we will reduce store hours in Main Store, Fleet Exchange, Four Seasons Store and Autoport. Those facilities will be closed at 6 p.m. daily.

Customer service moved

For gaining efficiency of customer service, we organized an intensive Customer Service Counter at the Fleet Exchange 1st floor. Off-base utility payments and other all Customer Service transactions will be handled there.

Birth Announcements

A service of FFSC New Parent Support and *Sasebo Soundings*

Christian Sergio Vavra

Born at 2:58 p.m. on 12 August in Dr. Higashijima's Ladies Clinic to Mother, Gina Vavra of Hario Annex Clinic, and Father, LT Randall James Vavra, OinC of Sasebo's Naval Legal Service Office. Christian weighed 3,722 grams at birth. Big brother Niclas is excited about having a little brother to help take care of.

Congratulations to these proud parents and welcome to this wonderful new addition to our Sasebo Navy family.

See LaDonna Kolman, FFSC New Parent Support Nurse, to have your baby's birth announced in *Sasebo Soundings*.

CLASSIFIEDS

VEHICLES

(Exp. Sept. 11) **1994 Eunos Van**, JCI '06. Call 252-8191 or 090 1368 6271.

(Exp. Sept. 11) **1993 Toyota Sprinter**, JCI '06, asking 1900. Call Rob 252-3088 or 090 9324 8854.

(Exp. Sept. 11) **1992 Toyota Estima**, JCI '06, asking \$1000. Call 252-8614.

(Exp. Sept. 11) **1994 Eunos**, JCI '06, asking \$2500. Call 090 1368 6271 or 252-8191.

(Exp. Sept. 11) **1996 Toyota Corsa**, JCI '06, asking \$1600. Call 252-8474 or 080 3223 0679

(Exp. Sept. 18) **1992 Honda Vigor**, asking \$500. Call 080 5211 0519.

(Exp. Sept. 18) **1995 Toyota Marino**, JCI '06, asking \$2500. Call 080 5019 2534.

(Exp. Sept. 18) **1994 Nissan Pulsar**, JCI '06, asking \$2500. Call Harland at 252-3473, 49 9737 or 090 5483 2135.

(Exp. Sept. 18) **1988 Toyota RS-R Sedan**, JCI '06, asking \$850. Call 252-8126.

(Exp. Sept. 18) **1989 Mazda Eunos**, JCI '04, asking \$4000. Also selling **1997 Nissan March**, JCI '05, asking \$2000. call Dawn at 252-7391 or 090 5949 3165.

(Exp. Sept. 25) **1996 Mazda MPV**, JCI '05, asking \$3500/ obo. Call 252-8563 or 09095950893.

(Exp. Sept. 25) **1997 Honda Logo**, JCI '06, asking \$2,500. Call 252-7373 or 080 52083615.

(Exp. Sept. 25) **1994 Toyota Carina ED**, JCI '05. asking \$2,600. Call 0956287050 or 08052044953.

LOST AND FOUND

CFAS Security has several unclaimed lost & found items, including cell phones, keys, eyeglasses, backpacks, clothing items, jewelry, ATM cards, wristwatches, ID cards and personal items.

If you are missing any items of this type, please stop by the Security Office (next to the front gate) or call 252-2392 to claim your property.

MISCELLANEOUS

(Exp. Sept. 11) Phone right for sale \$200 obo. Call Dawn at 252-7391 or 090 5494 3165.

(Exp. Sept. 11) Baby boy clothes newborn sizes to 2T. Baby shoes sizes newborn to 6. Toilet trainer, walker, gym, diaper changer, playpen, double stroller, swing and toddler desk, package deal, asking \$100. Baby trend, sit'n stand double stroller, asking \$75. Two artificial greenery plants asking \$70. Womens clothing for all seasons, sizes eight through twelve. Three full boxes, package deal asking \$50. Ladies shoes size seven and a half. Curtains for master bedroom, guest room and dining room in the three bedroom tower, package, asking \$100. Call Grace at 252-8614.

(Exp. Sept. 11) Hiking/Cycling backpack Deuter Futura-28 w/air cooling frame and rain fly \$50. Large Lowe Alpine technical pack w/axe loops and compression straps \$50. Extra large pro model scuba fins \$60, Four metal Bose speaker stand \$70, Two Aura car audio bass shakers \$50, Coleman 11 oz backpacking stove \$25, Large Kenmore microwave/convection oven \$100, Computer chair w/rollers ergonomic knee rest no back \$20, Panasonic HT700 home theatre DVD carousel, speakers and subwoofer \$175. Call Rob Brown at 909 5479 1045 or email <rob0brown@hotmail.com>.

(Exp. Sept. 11) Two large rugs 140 * 103 \$50/each. Two Kerosene jugs w/battery operated pump \$20/both. Self Study Kana workbook \$15. Learn Japanese software \$10. Swiffer jetset \$5. Call 252-8191 or 090 1368 6271.

(Exp. Sept. 11) Seiko Kinetic Divers watch asking \$350. Pearl Diamond ring asking \$110. Mens wedding band asking \$50. Ruby ring with diamonds asking \$700. Email <Greg.aomori72@aol.com>.

(Exp. Sept. 18) Phone rights for sale \$220. Call Chris 252-3449 or 080 1925 0315.

(Exp. Sept. 18) Tripple dresser nine drawers w/large mirror \$200. Lazyboy recliner rocker chair asking \$80. JVC super-VHS VCR \$100. Boys "Firebird" bike with training wheels for age 2-5 yrs. \$15. Heated roller set \$10. Like new kids castle set, for ages one through four years toddler safe, asking \$10. Georgia O'Keeffe print w/decorative frame \$20. Call 252-7186.

(Exp. Sept. 18) Used fisher price double stroller \$45. Call Jennifer 252-8359.

(Exp. Sept. 18) Wanted baby bike seat or pull behind cart. Call 252-8202.

(Exp. Sept. 25) Italian plug 27 in. color TV. Works in all electric systems in Europe. One-year-old, excellent condition. \$100. Oak day bed with mattress. Wonderful condition. \$125. Call 080-343-26967 or 32-9125.

(Exp. Sept. 25) Kerosene jugs w/battery operated pumps. Call 252-8202.

(Exp. Sept. 25) Looking for an algae eater fish for a child's aquarium. Call 252-8202.

(Exp. Sept. 25) Phone rights for sale. \$200. Also selling satellite dish for \$50. Call 09096763618.

(Exp. Sept. 25) Phone rights for sale. \$250/obo. Call 252-8424 or 09020839126.

IMPORTANT INFORMATION!

Home-based businesses require CFAS approval, and WON'T be advertised in the Sasebo Soundings without it. Applications for Command approval are available through the SJA office, Bldg 80 or call 252-2103 FMI.

P.A.W.S. Pet Rescue Organization. If anyone desires a pet, please call sandra Hornbeek at 090 5024 7139 to inquire about puppies or dogs and Itura at 252-7322 to inquire about kittens or cats. If anyone needs to

HOME BUSINESS

find a home for a pet, please only contact us if you still have your pet after you've advertised at least two weeks

in the Soundings. Donations are always welcomed and may be left at Paws and Claws with Karrie or Sandra.

New English instructor in Sasebo. Possesses Bachelor's Degree in Communications. Scheduling classes now for all age groups. Availability is limited, so call now. Hario. 080-3223-9162 or 252-8555.

Pampered Chef Consultant. Hello. My name is Florence Franks and I am a consultant in your area. BOOK YOUR SHOW TODAY and receive a gift for hosting your show, 10% discount card good for one year, bonus points for FREE Products & more...New Spring/Summer Catalog available. New Products. Call me anytime @ 080 5201 7164 or ext.7302. Thank You.

Several locals interested in meeting learning partners; you share a little English and in turn, they'll teach you Japanese. No monies exchanged. <maori@post.cc.sasebo.ac.jp> or 31-2863.

Experienced in teaching children and adults, will provide private English lessons to single students or groups. Morning and weekend classes available. Call Gina at 252-7264 or 090 4221 9211.

Want to learn conversational English? I offer lessons in my home for individuals, groups, children or adults. Day or early evening lessons times available. Main base. Please call 252-7186 or 080 5050 6010.

American Cooking Class. Practice your English and learn to cook traditional American foods at the same time! Day and evening classes are available. Call Nina at 080 5211 0174.

Experienced Math Tutor. Does your child need some additional help learning math? Can tutor all levels (from elementary to high school). For adults, college algebra tutoring is also available. Individuals or groups are welcome. Please contact Nina via email <ninasilverman@hotmail.com> or call 080 5211 0174 to set up a lesson.

Exerienced in teaching English to non-native speakers. Will work with individual or group. Flexible hours. Call me at 252-8169.

French Language tutor contact Pierre at 090 3734 3509 or email <cramoisii@hotmail.com>

Stars and Stripes delivers to your on base post office box. As a service to Stripes readers, the Sunday edition of Stars and Stripes is offered seven days a week. Look for the specially designated vending machines at the following locations: Bayside Food Court, Main Base Post Office, McDonald's and the Hario Home Store. FMI, we are located in Bldg PW-47, first floor, across the hall from the Navy Legal Services Office (NLSO), or call us at 252-3890.

Pacific Pixels Photography Specializing in family, silhouette and kimono studio/outdoor photography. Also, modeling package for Japanese modeling agency. Professional and personable; quality portraits that will give lasting memories. A time to have a relaxing time and enjoy a true professional photography experience. Photo session begins at \$35.00. Packages begin at \$45.00. Some packages include CD of photos and postcards. Call Shirley at 252-7158 or e-mail <shirley@pacificpixels.com>

Child Find is a DoD program which actively seeks to locate and identify children through the age of 21, who may need developmental or education or related services. If you think your child has a disability, call 252-3600 (EJ King School), or 252-8800 (JN Darby School).

English Language Instructor-Call for lessons at 25-6563.

Language Instructor-Japanese or English, private and group rates. Children and adult classes at your convenience. FMI call 34 7957.

Are you concerned about your child's growth, health, motor skills or development? Early Intervention Services offers services to children from birth to age 3 and their families. These services may include help with communication problems, behavioral concerns, motor skills, delayed growth & development etc. FMI, call EDIS at 252-3888.

Just to note...

- 1) Classifieds run for three consecutive weeks. Home Business Classifieds run until further notice from either CFAS or advertiser.
- 2) Submission deadline for next Sasebo Soundings Classifieds is Tuesday, 5 p.m. at soundings@cfas.navy.mil
- 3) Advertisers are responsible for ensuring their ads are updated as necessary.
- 4) Home business ads are approved by CFAS through the SJA office and CSO. Ads will not be run without a copy of CSO's signed Request to Engage in Private Employment.

Today's Memories by DeMauro. From portraits to parties. We cover it all, we're MD Photography. Give us a call. 252-8147. Check us out on the web at <www.mdphotography.net>

ADSL/Broadband setup and computer support; As the former USONet Manager, I can help you get started with faster internet access by setting up your ADSL or Broadband connection-set up fee is \$60. If you do not have a network card installed, no problem I can install one for you. Also, if you need computer support, I only charge \$50, for the first hour and \$25 for each additional half hour. Call Ernest Perez 252-8687 or 090 8394 6907 for an appointment.

Learn conversational English in Hario or at your home. Lessons for children, adults, individuals and groups. Call 252-8300 or 090 9604 3996.

Piano Insructor, four year degree in Music, four years experience. Children and adults welcome. Flexible schedule. Call Kristina at 252-8310 or 080 3223 8943.

Theraputic massage, certified massage therapist. One hour \$45, 90 minutes \$60, 2 hours \$80. Call Sandra at 090 5024 7139 or 34-5321 for an appointment.

Photography by Ferna is dedicated to offering a unique look to your next portrait. Call us at 090-5731-5744 or visit us on the Web at www.photographybyferna.com

These are the most up-to-date announcements made to Sasebo Soundings as of Wednesday, 12 p.m.

SASEBO ELEMENTARY & E.J. KING HIGH SCHOOL

Open-continuous Vacancy Announcements: Applications for the following open-continuous

HELP WANTED

vacant positions are accepted. If you are interested in any of the positions below, please submit your application now. Our Personnel Office in Okinawa maintains the applicant files. Qualifications: Applicants must be U.S. citizen and dependents of active military or DOD civilian personnel. Please call 252-3600 (for Sasebo ES) or 252-3059 (for King HS) or drop by the schools' offices for more information.

Positions: **Substitute Teachers**, TP-1702-AA, \$87.50/day. **Educational Aid** (General), GS-1702-04. **Educational Aid** (Special Education), GS-1702-04. **Educational Aid** (Sure Start), GS-1702-04. **Office Automation Clerk/Assistant**, GS-0326-04/05. **Secretary**, GS-0318-05/06. **School Support Clerk/Assistant**, GS-0303-4/5/6/7

J.N. DARBY ELEMENTARY SCHOOL

Open Positions for Darby Elementary School. All applicants must be a US Citizen and have SOFA status to be considered. J. N. Darby is now accepting applications for substitute teachers.

Applicants **must** have a high school diploma. 15 college credit hours preferable. J.N. Qualified candidates must have a high school diploma, be a U.S. citizen, and be SOFA sponsored. Educational Aid (Special Education) GS-1702-4: Typical duties and responsibilities: Assists teachers and administrative staff by distributing testing materials, developing audio-visual tactile aids, tutoring selected pupils, supervising independent study, making field trip arrangements, or working with pupils to develop student self-help skills. Minimum Qualification requirements: ability to cooperate with children with disabilities. Candidates should describe experience; education and /or training that demonstrates their ability to provide support services to children with disabilities in an educational environment. Include all experience gained in any capacity with disabled individuals in an educational, social, or recreational environment which provided knowledge of the specialized requirement of disabled individuals.

VODAFONE

Vodafone, Sasebo Military Division is looking for part time applicants. If interested, please send your resume to: <vodafone-sasebo@aioros.ocn.ne.jp> or contact Vodafone manager at 252-3563.

HARIO DECA

CPA is now accepting applications for deli/bakery workers. Approximately 20-25 hours per week, \$6.50/hr. Please call 252-8956.

STARS AND STRIPES

Stars and Stripes has a continuing need for newscarriers in the Main Base and Hario Housing areas. FMI, call 252-3890 or visit us in PW-47, first floor, across the hall from the NLSO.

UMUC

University of Maryland University College is seeking applications to teach from individuals with a master's degree or doctoral from a regionally accredited university in mathematics, English, business, computer studies or related fields. Application forms available at the Maryland office in the Community and Education Center (BLDG 155). A complete application would include a resume and copies of graduate and undergraduate transcripts. FMI, please call the Maryland main office in Japan at DSN 225-3690.

RELIGIOUS MINISTRIES

DEPARTMENT

Full time pianist needed for Hario Village Protestant worship services. For more information please contact CFAS Command Chaplain Office at 252-3380. (Contract position).

The Jewish High Holiday of Rosh Hashanah begins on the evening of Wednesday, September 15 and ends Friday September 17. This year the Jewish community of Sasebo is planning to observe the holiday in Seoul, Korea. If you are observant, you can get no cost TAD orders to go to Seoul. Room and meals will be free to active duty members and their family; however, you will have to pay for the flight to Seoul. If you are interested, please contact Lt Polansky at 252-3747 or the Chaplain's Office no later than Sunday, August 29.

MWR

REGULAR FULL-TIME POSITION:
Library
Library Aid, NF-01, \$6/hr.
Child Development Center (HV), **SSN Required**
Education Aid, GSE-02, \$8.42/hr, GSE-03, \$9.18/hr, GSE-04, \$10.31/hr.
FLEXIBLE POSITIONS:
Youth/Teen Center (HV/MB), **SSN Required**
Recreation Aide, \$8.42/hr. (Teen/Pre-Teen Programs and School Age Care Programs)
Recreation Aid (Summer), NF-01, \$6.50/hr. (Not to exceed six months.)
Child Development Center (MB), **SSN Required**
Education Aid, GSE-02, \$8.42/hr, GSE-03, \$9.18/hr, GSE-04, \$10.31/hr.
Bowling Center
Service Counter Attendant, NF-01, \$7.50/hr.
Sailing & Outdoor Recreation Center
Recreation Assistant (Sailing), NF-02, \$8.39/hr
Recreation Assistant (Paintball), NF-02, \$8.39/hr
Theater (Showboat/Hario)
Snack bar Clerk, NF-01, \$6/hr
Motion Picture Projectionist, NA-05, \$9.12/hr
Ticket Seller, NF-01, \$6/hr.

Fleet Fitness Center
Recreation Aide (Gear Issue), NF-01, \$6.00/hr (Hario)
Recreation Assistant (Adult Sports), NF-02, \$8.39/hr (MB)
Galaxies
Bar Assistant, NA-05, \$7.91 per hour
Cashier, NF-01, \$6/hr
Club Operations Assistant (Duty Manager), NF-02, \$8.39/hr
Service Counter Attendant, NF-01, \$7.50/hr.
Harbor View Club
Cook, NA-04, \$9.58/hr
Club Operation Assistant (Duty Manager), NF-02, \$8.39/hr
Service Counter Attendant \$7.50/hr Open until filled.
Liberty
Recreation Aid, (YAP), NF-01, \$6/hr.

NEX

Open Continuous Flexible Vacancies (OC'03)
Main Base & Hario
Barber, NA-7603-07, \$9.78/hr
Beautician, NA-7641-07, \$9.78/hr
Sales Clerk, NF-2091-01, \$6.00/hr
Desk Clerk, NF-1176-01, \$8.00/hr
New Flexible Vacancies (Main Base)
Sales Clerk, NF-2091-01, \$6.00/hr, Fleet Store, Open until filled.
Lead Sales Clerk, NF-2091-01, \$6.20/hr, Fleet Store, Open until filled.
Sales Clerk, NF-2091-01, \$6.00/hr, Four Seasons Store, Open until filled.
Sales Clerk, NF-2091-01, \$6.00/hr, Mini Mart, Open until filled.
Automotive Mechanic, 60% commision (Labor Only), Auto Port, open until filled.
Navy Lodge Office Clerk, NF-6145-01, \$8.00/hr
Food Service Worker, NA-7408-02, \$7.01/hr, King School Cafeteria, Open until filled.
Fabric Worker, NA-3105-05, \$7.85/hr, Tailor Shop, Open until filled.
New Flexible Vacancies (Hario)
Sales Clerk, NF-2091-01, \$6/hr, Home Store, Open until filled.

HRO

Store Worker (WG-6914-04) DECA, Sasebo, Open Continuous Position
Store Worker (WG-6914-04) DECA, Hario, Open Continuous Position
Sales Store Checker (GS-2091-03), DeCA, Sasebo, Open Continuous Position
Sales Store Checker (GS-2091-03) DeCA, Hario, Open Continuous Position
Education Aid/Technician (GS-1702-02/03/04) MWR, Main Base Open: 1/20/04 Close: 12/17/04 Open Continuous Position
Education Aid/Technician (GS-1702-02/03/04) MWR, Hario Open: 1/20/04 Close: 12/17/04 Open Continuous Position
Production Controller (GS-1152-09), SRF, Open until filled.
Child Development Center Director (GS-1701-09), Open until filled.
Equipment Specialist (GS-1670-09), SRF, Close: Open until filled.
Recreation Aid (GS-189-02), MWR, Main Base, Close: Open until filled.
Recreation Aid (GS-0189-02), MWR, Main Base, Close: Open until filled.
Transition Management Program Specialist (GS-101-07/09), FFSC, Close: Open until filled.
Child Development Center Clerk (GS-0303-0303), MWR, Hario, Open: 07/30/04 Close: 08/12/04
Clerk Typist (GS-0322-03), MWR, Close : Open until filled.
Meatcutting Worker (WG-7407-05), DeCA, Close: Open until filled.

WANT YOUR AD IN THE SOUNDINGS?

Deadline for submission is Tuesday close of business. For more information contact: Sasebo Soundings at 252-3409 or visit us on the Web at: <soundings@cfas.navy.mil>

MWR Athletics
252-3588

SASEBO SPORTS

Sasebo Sports
Report
252-2290

Fall marks beginning of football season



A boy gets set to pass the ball during a game of catch at Devil Dog park Wednesday, September 8. Football season officially kicks off today. (Official U.S. Navy photo by JOSA Jeff Johnstone)

JOSA Jeff Johnstone
CFAS Public Affairs

Full is just on the horizon, and for sports fans, that means the beginning of the football season.

The National Football League (NFL) kicks

off it's regular season September 9, and Fleet Activities Sasebo (CFAS) is set to begin intramural flag football.

"I'm very excited about football season starting up, said Luis Diaz."

According to Diaz, he is looking forward to being able to play football himself, as well as

watching his beloved Tennessee Titans NFL franchise on television on Sundays.

He predicts the Titans will both go to, and win the Super Bowl this year.

Not everyone agrees with his prognosis, however.

"I like the Green Bay Packers," said Morant.

Morant, another youngster looking forward to playing ball in some cooler weather, agrees, but only on having the chance to play football.

Football fanatics of all ages at CFAS have the chance to get involved in some gridiron action this Fall, as youth sports begins intramural flag football for both youth and adult age groups.

Flag football differs quite a bit from traditional American football. Here are just a few of the differences, according to the National Intramural Sports Association (NIRSA):

Rather than tackling an opponent, a defender attempts to remove flags from a belt worn by the opposing player.

Blocking is limited to use of the hands, as padding worn in traditional football are not worn.

Games are played in two halves consisting of 22 minutes each. Teams begin the game with seven players on offense and defense as opposed to eleven.

Touchdowns count as six points, as in traditional football. However, a team can garner up to three points on an a point after

(PA), depending on how far away the team makes the attempt (three yards, ten yards, or 20 yards).

According to Tony Benton, CFAS youth sports director, registration for youth flag football begins Sept. 20 - Oct. 17, with practice beginning Oct. 25. Games begin Nov. 6 and run through Dec. 18.

Registration will be held at both the Fleet and Hario gyms.



A football enthusiast receives a pass from his friend Wednesday night. . (Official U.S. Navy photo by JOSA Jeff Johnstone)

Upcoming sports events:

Mini Triathlon

Sunday, September 12, starts 8:30 a.m.

Main Base Swimming Pool.

Entries are due to the Fleet Fitness Center by September 8. Event will begin in the pool with a 500m swim followed by a 15K bike ride and a 4K jaunt across the base. Awards to the top 3 finishers in the male and female divisions.

Captain's Cup Team Tennis

Monday, September 13

Entries are due to the Fleet Fitness Center by Wednesday, September 8 with a mandatory Coaches meeting on Sept 11. Tournament will be round robin followed by single elimination. Awards will be given to the top three teams.

POW/MIA Horseshoe Tournament

Friday, September 17, 5:30 p.m.

Nimitz Park. Help us remember our POWs and MIAs by showing up to enjoy some "grub" and throw some "shoes". Teams will consist of 2 people. Team entries are due to the Fleet Fitness Center Office by September 14. Awards will be given to top 2 teams.

POW/MIA Golf Tournament

Saturday, September 18, first tee time is 7:30 a.m.

Tsukumo Golf Course. Entries are due by Tuesday Sep 14. Tournament format will be a Singles Handicap. Awards will go to the top golfer in each handicap flight, plus close to pins, longest drives and gorillas. Sign up as soon as possible at the Fleet Fitness Center to reserve a spot. \$5 entry fee per person is required, plus green fees (contact the Fleet Fitness Center for exact prices).

Inner tube Water Polo Captain's Cup:

Friday Septmeber 24.

Main Base Pool at 7:30 p.m. Team entries due by Wednesday September 22nd, with a coaches meeting Thursday September 23rd, in the Fleet Fitness Center Office at 5:30pm.

Pre-Hirado 10K

Saturday, September 25, 9 a.m.

USO in Nimitz Park. This race is the final pre-race event for the Hirado Half-Marathon in October. Pre-register by September 22, or sign up at the race start. Awards will be given to the top 3 runners in the male and female divisions.



FROM THE BENCH

with hosts
Shaun Ally

Dennis Lebling and Dave Glazier

Thursday mornings 8 - 9 a.m.

Put in your input at:
fromthebench2002@yahoo.com

